



## What?

**Training** for artists, teacher, trainer, social worker, group leader, to all, who is involved in the adult education, for all those are interested in combining art with social.

**Social art** - In social art, the materials of the artists are not canvases, marble or stages, but social issues. The basic principle lies in the dissolution of hierarchies and the purpose of initiating positive change among the participants. The approach is based on the conviction that the art of the future will be social and that an artistic approach is necessary to meet current social issues. Artistic approaches and methodologies are therefore needed to solve these problems. Creativity, imagination and inspiration play central roles in overcoming obstacles.

The training weekend will be including practical exercises for body, voice and soul in group and individual work, creative development methods and biography work. We will have some theoretical sessions about social issues, work in social field and community development.

## Where?





## **The Palomar de la Breña**

We are lucky to work in a wonderful place, the Palomar de la Breña, it is a hotel in the pine forest of Barbate, in a small town called San Ambrosio.

<https://www.palomardelabrena.com>

### **Programm**

#### 2<sup>nd</sup> of February, Wednesday (intern session for Avanzarte)

- “Encounters & relationships” – focussing and self-reflection
- “Phases of an encounter” – 4 steps to approach in artistic ways

#### 3<sup>rd</sup> of February Thursday (intern session for Avanzarte)

- “Professional biography” - Schiller aesthetic moment to be trained
- “Clear out and let go” – recapitulation

#### 4<sup>th</sup> of February Friday

Physical exercises, body isolation, orientation, and relation in the space

- Voice Training, find the own voice, commune improvisation
- Group exercises with the four elements

#### 5<sup>th</sup> of February Saturday

- Creative process along, in couple in group
- Dramaturgy of a creative processes
- Practical exercises, art creation
- Transfer between the creative artistical process and the biography



### 6<sup>th</sup> of February Sunday Coaching methods and development potentials in ourselves

- “love letters & biographic dancefloor”
- “move your life”
- “first encounters” - change of perspective

### 7<sup>th</sup> of February Monday (intern session for Avanzarte)

- practical work about the current working process with the youth participant's
- reflexion methods about the daily work

### 8<sup>th</sup> of February Tuesday (intern session for Avanzarte)

- practical work with the target group
- reflexion about the creative process

### 9<sup>th</sup> of February Wednesday (intern session for Avanzarte)

- practical work with the target group
- discussion about the role of a group leader

### 10<sup>th</sup> of February Thursday (intern session for Avanzarte)

- Presentation of the artistic work for public
- Presentation the methodology of social art for extern Persons in the region

### 11<sup>th</sup> of February Friday (intern session for Avanzarte)

- Reflexion about the training
- Closing session with different methods



## Who?

Trainer:



Beáta Nagy

Actress and theatre director in Berlin and Budapest, international artistic work in different countries and theater's in Europe. Theatre educational projects in the social field, community projects, trainer of social art. Currently art director at the Projektfabrik Witten, Germany



Dorothea Malik

Social artist trained within the school of social art. Coach for biography work and karma guidance. Currently team player in the department of development at Projektfabrik Witten, Germany.